# Youth Wellness Hub

Do you have concerns about a child's mental or behavioral health? **We can help!**

The Youth Wellness Hub is a free online tool designed to help parents, caregivers, and health professionals navigate resources for a child/youth (21 years of age or under) who has mental or behavioral health concerns.

## 1. Complete the Online Questionnaire

Visit **yw-hub.org** and answer all questions the best you can. **All information is confidential.**

## 2. Review Your Customized Guide

Once you've completed the questionnaire, you will receive a customized Resource Guide. You can download and print this Guide. It will have suggested next steps and information to help connect your child/youth with mental or behavioral health resources.



### NEED ADDITIONAL SUPPORT?

We're here to help!

- Email | help@wellbadger.org
- Call | 1-800-642-7837
- Text "WB" to | 608-360-9328*
- YW-HUB.ORG

WELL BADGER RESOURCE CENTER

Scan for Youth Wellness Hub

*By texting WB to 608-360-9328 you are agreeing to receive conversational messages from Well Badger Resource Center. Msg & data rates may apply. Msg frequency varies. Unsubscribe at any time by replying STOP. Reply HELP for help. Privacy Policy and Terms of Use can be found at https://www.wellbadger.org/s/privacy-and-policy*