Your Child's Development

Do you have questions about your child's development? Help is available!

1 Monitor your child's development.

A child's first months and years are important for their development. As they age they should be reaching "milestones". These milestones measure what a child should be able to do at their age. There are milestones in how they play, learn, speak, act, and move. Below are resources that provide information about milestones for children up to 5 years.

- **Learn the Signs. Act Early.**
  - *Learn the Signs. Act Early.* offers a free app that helps track milestones from age 2 months - 5 years. It is offered by the CDC. There is more informational material on their website about milestones.

- **Make the First Five Count**
  - *Make the First Five Count* is a free, online developmental screening tool. It is offered by Easterseals. It is for guardians of children birth to 5 years.

2 Have your child screened by a professional.

"Developmental screenings" are lists of questions that look for any problems or delays in a child's development. These screenings should be done by the child's doctor at well-child visits.

These screenings may also be done at local health departments, child care facilities, and by other health professionals. **Find other options for a developmental screening**.

3 Get your child connected to early intervention services.

If there are concerns with your child's developmental screenings, you can look into early intervention services. Where you go to for services depends on your child's age. It can also depend on their strengths and needs.

- If your child is 0 - 3 years old:
  - Start with the child's local **Birth to 3 Program**.

- If your child is 3 or older:
  - Start with the **early childhood special education program** at the child's local public elementary school.



You know your child best.

If your child isn't getting the help they need, contact the Well Badger Resource Center.